



The Next Normal for Independent Living Phase III

These are certainly unprecedented times and we will continue to do our level best to navigate safely. As a result we had to make changes to our services. While we are not lifting ALL our restrictions at this time, we continue with our phased in approach to adding back services and opening up our community. Remember the reopen will be slow and there will be limitations, as we consider each phase and what is at risk. What a blessing to be part of a larger organization where we share best practices and have layers of oversight on protocol. We have intentionally not given dates to the phased in opening so that we can monitor the community and adjust accordingly.

Why are we moving so slowly? AzDHS has alerted hospitals and SNFS to prepare to implement emergency protocols as data shows a significant increase in confirmed positive COVID19. We continue to have zero staff or residents currently positive with COVID, I hear from many other communities and sadly that is not the case. Are we zero because of the precautions? We may never know. We do know that older adults are at high risk for complications from the Coronavirus (COVID-19). Even with all the precautions, risk of contracting the virus remains.

Thank you for the cards and letters of encouragement to our staff and also those with concerns highlighting areas we need improve. This is my first pandemic and I learn more every day. We appreciate your patience and prayers.

Blessings, Kristie Larsen, Executive Director

Precautions that will remain in place until further notice **through all phases:**

- Staff will continue to follow facemask protocol, have a daily brief health screening and continue infection control protocols.
- Proper social distancing will be implemented where practical. .
- Enhanced cleaning and disinfecting of common areas will continue.
- Visitors, Staff and Residents are reminded to stay home if they have symptoms of respiratory illness.
- Self-Quarantine for 14 days is required if your doctor has requested residents self-quarantine **OR** tested positive for COVID19 **OR** have been to a high risk location (i.e. hospital, nursing home, emergency room or rehab). Residents are required to notify staff so extra precautions can be taken for the safety of staff and residents.
- East and West gates will remain locked.

Phase III Cautiously Progressing Forward:

Continued from Phase I

- June 1st - Grand Beauty Shop Open with restrictions
- June 1st - Small Group Activities by reservation with restrictions **Update: June 15th increased to 8 residents plus staff – see calendar for details.**
- June 8th - Grand & Center Pool open by reservation with restrictions. Please social distance. **Update: June 15th open to 6 residents for one hour at 7 AM, 9 AM & 11 AM Monday through Friday. Staff will continue to disinfect between.**

Continued from Phase II

- June 10th - Non-essential visitors are allowed provided they wear a mask or cloth face covering and pass brief health screen. Visitors are only allowed from parking area to resident apartment. Now family/friends can make deliveries of packages or groceries!
- June 15th – Package and grocery delivery will be allowed to the residents' apartments by delivery service. Delivery personnel will be asked to wear a mask or cloth face covering.
- **New Addition** June 15th - Housekeeping returns to twice monthly schedule.

June 22, 2020 Monday,

- Transportation for essential shopping and medical appointment on the bus will allow 6 and van 2 or fewer residents. All must wear a mask or cloth face covering. Seating will be blocked to ensure proper social distancing. Vehicles will be disinfected after each use. Limits will remain until further notice. See calendar for details.

June 29, 2020, Monday

- Gyms reopen with a maximum of 3 or fewer residents allowed in at a time, by reservation only. Equipment will be disinfected between after each use by assigned staff. Limits will remain until further notice. See calendar for details.

Restrictions that continue:

- Meal service will continue with delivery only.
- No transportation or outing to restaurants, specialty stores, theaters, post office or libraries.
- Group programs in gym not available, channel 1960 programming continues.
- Community rooms and common areas open to scheduled activities only
- Resident communications will continue to be delivered to apartments.
- No volunteer lead programs
- Country Store Deliveries will continue Monday – Friday

Coming soon Phase IV of the reopening strategy!