



## **Independent Living Community Update** **August 18, 2020**

**Covid-19:** Arizona COVID numbers are showing some improvement – still climbing but with fewer new cases per day. We remain steady on our Independent Living services – continuing with what we have reopened, but not yet opening up anything else. We stay current with guidelines provided by the CDC, AzDHS and Maricopa County Health Dept. We will continue to monitor and evaluate all of this information and will adjust services as appropriate.

We remain committed to helping reduce the spread of COVID-19 within our senior living community. Residents, staff and visitors must wear a facemask or cloth face covering anytime social distancing is not possible. Staff and visitors are required to symptom screen each day upon arrival to our community. Staff are continually trained to follow infection control protocol. We cannot guarantee our efforts will keep residents from contracting the virus, however please know that our number one priority continues to be the health and safety of our residents and staff!

### **Frequently Asked Questions:**

#### **How many cases are there in our Fellowship Square Historic Mesa Community?**

In our independent living community there are currently no known staff members and three known residents who have been confirmed positive for COVID-19 and remain under quarantine. Any other previously reported cases have completed their quarantine period. The Oasis remains Covid-free at this time.

**How can you get a test?** Residents should contact their primary health care provider for information on testing if they are concerned. Testing is available locally at FastMed urgent care and CVS. Residents may call life enrichment for transportation information to testing sites.

**What happens if a resident tests positive?** Residents who test positive are asked to inform Security so that we can implement our quarantine protocols. It is the responsibility of the testing site to contact Maricopa County Department of Health and they will do contact tracing, however we also ask the resident who they may have been in close contact with so that we can inform them and request they get tested.

**When should you self quarantine?** We continue to advise residents to stay home and self-quarantine for 14 days if any of the following apply:

- 1) they have a fever or respiratory symptoms
- 2) they are told to by the health care provider that they should self-quarantine
- 3) they test positive for Covid-19 or have been tested and are awaiting results
- 4) they go to a high risk location like a hospital or emergency room

**When can our community get back to normal?** While we have lifted a number of restrictions so far, we are not lifting ALL restrictions at this time. Further expansion of our phased is currently on hold. We have intentionally not given dates to the phased in opening plan so that we can monitor the community spread and adjust accordingly.

**Here is where we remain as of today:**

- East/West gates remain locked for a variety of safety concerns.
- Small group activities continue for up to 6 residents. Please review the Activities Calendar that was delivered to your door.
- Swimming pools – currently 3 time slots available M-F and Saturday for all pools now including the lap pool. Reservations are required through Life Enrichment.
- For all activities and swimming - we continue to follow CDC recommendations for social distancing and cleaning.
- Nonessential visitors were welcomed back with precautions on June 10th – wearing a mask, to apt only and a brief health screen. Now family/friends can make deliveries of packages or groceries to your door! Please limit your visitors for your safety and others.
- Package service delivery to your door restarted on June 15<sup>th</sup>.
- Housekeeping is back to regular service – every other week.

**What is not changing just yet:**

- NO Guests in common areas (pool, dog parks...)
- Meal service will continue with delivery only.
- Gyms are not open at this time due to Gov. Order.
- No transportation except for individual essential medical appts and essential shopping.
- Group programs in gym not available, channel 1960 programming continues.

- Community rooms and common areas open to scheduled activities only
- Enhanced cleaning and disinfecting of common areas
- No volunteer lead programs – only staff
- Resident communications will continue to be delivered to apartments.
- Grand beauty shop open by appointment only with precautions

**Country Store Update:** Due to staffing limitations, Country Store deliveries will only be made twice per week beginning August 24<sup>th</sup>: Mondays & Thursdays for the Grand/west side and on Tuesdays & Fridays for the Center/east side. Residents may continue to place their orders at any time and they will be fulfilled on the next scheduled delivery day. Watch for more information on this from Life Enrichment.

**Dining Services Kudos:** Congratulations to Chef Michael Kohley and the entire dining services team for another perfect score on their latest health department evaluation. We know that transitioning to a delivery only model, staff dealing with the terrible heat while making deliveries and food supply issues have been challenging. We appreciate you all!

**Water Meter Work:** The City of Mesa water meter project is almost finished and expected to be completed by the end of this week. If the main exit in front of the office is closed at any time, your exit will be at the gate next to O building. Please do not enter the property at the O gate under any circumstances.

**Heat Advisory:** Temperatures remain dangerously hot outside so please stay inside as much as possible and try to limit any necessary outdoor activity to the morning hours. Remember to DRINK PLENTY OF WATER!

As always, please ask your family members to continue to watch our website and Facebook page for these updates. Have a blessed week and stay well!