



FELLOWSHIP SQUARE HISTORIC MESA

Independent Living

Appropriate for individuals 62+ or disabled individuals who need a little extra help to maintain their independence. They may struggle with transportation, keeping up with the housework and meal preparation. They may be somewhat isolated or bored and would benefit from fun activities and social opportunities. They may require occasional assistance with personal care or medication management (home health / supportive services not included, but available).

Includes

- 10 floorplans (studios, 1 & 2 bedrooms)
- Complimentary Meal Plan (equates to 25 meals per month)
- Utilities (all except telephone & internet)
- Basic Cable TV (Cox)
- Free wi-fi and computer access in community rooms
- 24 hour security every day (CPR/First Aid Certified)
- Personal Assistance emergency alert system
- Daily safety check system
- Maintenance
- Housekeeping (every other week)
- Scheduled transportation
- Chaplain services
- Social & recreational opportunities
- Exercise equipment and classes
- Complimentary laundry facilities (washers & dryers in select units)
- Access to community/social rooms
- Reserved and free parking options

Available but not included in rate

- Physician services (in home visits)
- Home health (Medicare certified skilled medical services)
- Outpatient rehab - physical & occupational therapy
- Palliative care (home medical care for serious illness)
- Hospice care

Not available

- Furniture moving/unpacking
- Individual transportation outside boundary map and other than medically related
- Handicap accessible bathrooms



Pet friendly

For more information

Please contact us at 480-834-0600 or visit our website
www.fellowshipsquarehistoricmesa.org.



Appropriate for individuals 62+ or disabled who, in addition to needing transportation, housekeeping, meals and activities, also require regular/ongoing assistance with activities of daily living (personal care, medication management). They may no longer feel safe at home alone overnight. **They need access to caregiver assistance 24/7.**

<i>Includes</i>	<i>Available but not included in rate</i>	
<p>Spacious handicapped accessible private apartments (studios & 1 bedrooms)</p> <ul style="list-style-type: none"> • Kitchenette with refrigerator, sink and cabinets (no stove) • Roll-in shower with bench <p>Care staff accessible 24 hours per day 24 hour security 3 meals a day + snacks 2 showers per week Assurance checks Personal Assistance emergency alert system Weekly housekeeping Maintenance Social and recreational opportunities Scheduled transportation Chaplain services Utilities including telephone (no internet) Free wi-fi and computer access in community room Exercise equipment and classes Complimentary laundry facilities Access to community/social room Monthly vitals/weight record Nurse available or on call 24/7</p>	<p>Physician services (in home visits) Home health (Medicare certified skilled medical services) Outpatient rehab - physical & occupational therapy Palliative care (home medical care for serious illness) Hospice care Additional shower assistance Medication management TED Hose - morning & evening Escorts to meals & activities Dressing/grooming assistance</p>	<p>Toileting assistance Incontinence assistance Transfer assistance Accu-checks Personal laundry</p>
	<p><i>Not available</i></p> <p>Furniture moving/unpacking Individual transportation outside boundary map and other than medically related Pets are generally not allowed in Assisted Living unless as federal or state law provides. An exception may be made for small pets if resident is able to care for them and with the Assisted Living Manager's approval. Patio/balcony</p>	