



CHURCH @ the SQUARE

On-site WORSHIP SERVICES

Every Sunday afternoon at 3:00PM

**Conducted by local partnering churches in the
Villa 2 Clubhouse Great Room**

BIBLE STUDIES

MONDAYS Villa 1 1:00PM

WEDNESDAYS Villa 2 10:00AM

THURSDAYS Villa 4 10:00AM

Each Bible Study meets in each villa's clubhouse

The Encouraging Word Library

A Christian Reading Room in Villa 1 Clubhouse

OPEN TUESDAYS & THURSDAYS 9:00AM - 11:00AM

GriefShare

A wonderfully helpful Grief Recovery Program

For those who have lost a loved one.

Offered as needed

For more information, contact Chaplain AI at 721-3009

THE VILLAGER

March 2024

*Happy
St. Patrick's Day!*



Romans 5:13

*May the God of hope fill you with all
joy and peace in believing, so that by
the power of the Holy Spirit you may
abound in peace.*

*Welcome
Home
New
Residents*

Villa 2:

- Lynda Pierce
- Anna Rose Stewart
- Suzanne Schinkel
- Maria Sanford
- Dawn Rundell

Villa 4:

- Robert Klingenfus



Your Devoted Management Team

| | |
|---|--------------|
| Executive Director: George Ortega | 520-721-3020 |
| Administrative Assistant: Yadira Celaya | 520-721-3010 |
| Property Accountant: Susan Finnegan | 520-721-3019 |
| Maintenance Facility Director: Andres Galaz | 520-721-3023 |
| Leasing Coordinator: Sandra Luety | 520-721-3002 |
| Food Services Director: Winona Williams | 520-721-3044 |
| Dining Room Manager: Rebecca Herod | 520-721-3046 |
| Chef/Kitchen Manager: | 520-721-3045 |
| Bistro: | 520-731-6680 |
| Activity/ Transportation: Terry Steffen | 520-721-3003 |
| Senior FITness Specialist: Michelle | 520-461-1460 |
| Physical Therapy: Rachel PTA | 520-721-3033 |
| Community Chaplain: Al Story | 520-721-3009 |
| Housekeeping Manager: Shannon Corcoran | 520-721-3013 |
| OASIS AL Manager: Maribel Centeno | 520-461-1458 |
| OASIS Life Enrichment: Patricia Schumacher | 520-731-6685 |
| Resident Services Lead: Monique Gonzales | 520-721-3006 |
| Maintenance: | 520-731-6699 |
| Security: | 520-721-3017 |
| Salon at the Square: Maggie | 520-298-7776 |
| Main Office | 520-886-5537 |

Community Resources

| | |
|----------------------------------|--------------|
| Glenn Wheelchair Repair | 520-323-7400 |
| Susan Tekk- Hearing | 520-870-8725 |
| PCOA Helpline | 520-790-7262 |
| 24hr Elderly Crisis Line | 520-339-2801 |
| Sun Tran Customer Service | 520-792-9222 |
| Stroke Support Group through TMC | 520-488-5009 |

Office Hours:

Salon on the Square:

Villa 1 Apt. 106
Tues - Sat 9am - 5pm

Resident Services:

Villa 2 Apt. 169
M-F 9am - 4pm
(closed 12 - 12:30pm)

Activities:

Villa 2 Apt. 169
M - F 9am - 4pm
(closed 12 - 12:30pm)

Dining:

M - S 11:30am - 5pm
Sun. 11am - 2pm

Bistro:

Daily
Breakfast 7am - 10am
Lunch 12 pm - 2 pm

Business Office:

M - F 8:30am - 5pm
Sat. 9am - 4pm

Physical Therapy:

Villa 2 Apt. 170
M - F 8am - 2pm

Senior Fit:

Villa 2
Daily - 5am - 10pm
Supervised— M - F
7am - 3pm

Oasis:

Villa 4 Apt. 219
M - F 7:30am-3:30pm
(closed 12 - 1pm)

Fabulous Finds:

Villa 1 Apt. 117
Mondays & Wednesdays
9:00am - 12:00pm

Thursday, March 21st at 2:00pm Villa 2 Great Room

Line Dancing

Get on down to some good old fashioned line dancing with instructor Catherine Peacock!



Saturday, March 23rd at 1:00pm

MOVIE: Mr. Smith Goes to Washington

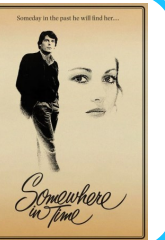
A youthful man fills in for a Senator. Even though he is criticized quite often, he still pursues his passion.



Monday, March 25th at 2:00pm Villa 2 Great Room

MOVIE: Somewhere in Time

Playwriter undergoes self-hypnosis to meet a lady from the portrait in the Grand Hotel.



Wednesday, March 27th at 2:00pm Villa 2 Great Room

Trivia at the Square

Let Rene quiz you on a thing or two.



Wednesday, March 27th at 4:00pm

Dinner at Opa's Best

Pick up times

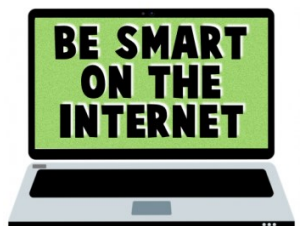
V1: 3:30pm | V3: 3:35pm | V4: 3:40pm | V2: 3:45pm



Thursday, March 28th at 1:00pm Villa 2 Great Room

Computer Safety Program

Will Bender is sharing his knowledge on internet safety and how to take proper measures when using the internet.



Thursday, March 28th at 2:30pm Villa 2 Great Room

Left Center Right Game

Example: Everyone starts with 3 chips and roll 3 dice. If you roll one dot, one L, one R, you keep one chip, pass a chip to the left of you, pass a chip to the right of you. Two dots, one C means you keep two chips and put one chip at the center of the table. Those with 3 or more chips roll with 3 dice. Two chips, two dice. Etc. The way to win is to have all of the money passed to you or to roll 1-3 dots.

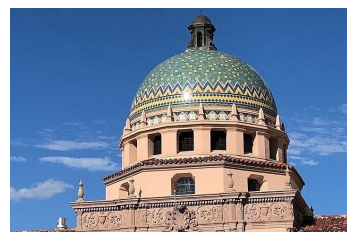


Saturday, March 16th at 10:00am

Scenic Drive: Historical Sites

No walking required! Pick Up Times:

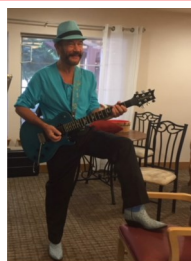
V1:9:15am | V3: 9:20am | V4: 9:25am | V2:9:30am



Saturday, March 16th at 4:00pm

Wild Bill Concert

A wild favorite returns! See what kind of show this multi-talented man has in store for us!



Monday, March 18th at 10:30am Villa 2 Great Room

Keri Woolston Presents: Cuk Son to Tucson

Learn about the birth of a city named Tucson.



Monday, March 18th at 2:00pm V2 Great Room

RESIDENT BIRTHDAY PARTY (Sign up with Activities)

Let's celebrate their birthdays!



Tuesday, March 19th at 10:00am Villa 2 Retreat (Next to Security).

Hearing screen and Cleaning with Susan Tekk

Screenings are free, cleaning is \$20 per ear. By appointment only. Contact activities to register. 520-721-3003



Wednesday, March 20th at 11:00am Villa 2 Multipurpose Room

Physical Therapy Spotlight

Utilize this time to take steps in resolving issues relating to balance and strength.



Thursday, March 21st at 11:15am

PIMA COUNTY BOOKMOBILE—Between V2 & V4

Look around for some new and exciting reads!



Resident Corner



Susan's Monthly Joke

Q: What do you call a big Irish spider?

A: Paddy Long Legs!

Saturday, March 2

2:00 pm

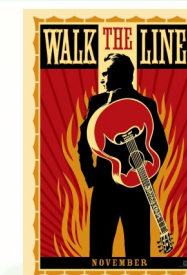
V2 Great Room

MOVIE: Walk the Line

Starring: Joaquin Phoenix, Reese Witherspoon, Ginnifer Goodwin

Duration: 2 Hours, 16 Minutes

See into the life of Johnny Cash!



Monday, March 4

2:00 pm

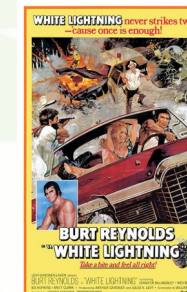
V2 Great Room

MOVIE: White Lightning

Starring: Burt Reynolds, Jennifer Billingsley, Ned Beatty

Duration: 1 Hour, 41 Minutes

Convict and cops team up to bust an illegal moonshine operation.



Saturday, March 23

1:00 pm

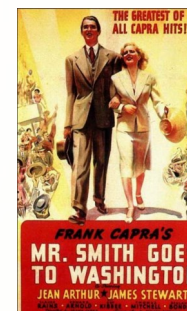
V2 Great Room

MOVIE: Mr. Smith Goes To Washington

Starring: James Stewart, Jean Arthur, Claude Rains

Duration: 2 Hours 9, Minutes

Young man fills in for a U.S. Senator. Despite what critics say, he keeps fighting the good fight!



Monday, March 25

2:00 pm

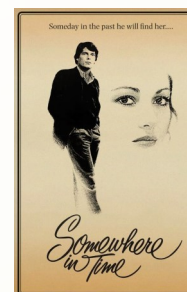
V2 Great Room

MOVIE: Somewhere in Time

Starring: Christopher Reeve, Jane Seymour, Christopher Plummer

Duration: 1 Hour, 43 Minutes

Playwriter uses self-hypnotism to meet a lady from a grand hotel portrait.



Fabulous Finds isn't going anywhere!

Fabulous Finds at the Square has been getting her beauty sleep and is being renovated and redecorated! For the past month we have worked hard to revamp one of Fellowship Square's gems. The re-opening of Fabulous Finds on March 4th. See you there!



Resident Volunteer Lunch

Monday, March 11th

12:30pm

Villa 2 Great Room

We will be sending invitations to our volunteers so we can show our gratitude to those who take time out of their day to make Fellowship Square a better place.



Chair Massage

Monday, March 4th

12:00pm to 3:00pm

Villa 2 Retreat



You can rely on Rochelle for a proper massage! Only \$30 for a 30 minute service!
Cash and checks accepted.

Taxes With Mike

Every Tuesday, March 5—April 9

10:00am to 2:00pm

Villa 2 Multipurpose Room



Stop by the Activities office **Villa 2 Apt# 169** for the proper preparation paperwork.

Tuesday, March 5th, 12th, 19th, and 26th from 10:00am to 2:00pm Multipurpose Room

Taxes with Mike

Stop by the Activities Office **Villa 2 Apt# 169** for sign ups and proper preparation paperwork.



Thursday, March 7th at 1:00pm Villa 2 Great Room

Senior Gems with Bayada Health

Bayda is doing a video presentation Alzheimer's and how caregivers can adapt conversations to assist those with memory challenges.



Saturday, March 9th at 9:00am

Scenic Drive: Tanque Verde Valley

Pick up times:

V1: 8:25am | V3: 8:30am | V4: 8:35am | V2:8:40am



Monday, March 11th at 9:00am

Breakfast at Jethro's Cafe

Pick up times:

V1:8:40am | V3: 8:45am | V4: 8:50am | V2:8:55am



Monday, March 11th at 10:30am V2 Multipurpose Room

Journey in the Word with Terry: You Reap What You Sew

Join in on the discussion surrounding one of life's biggest lessons.



Tuesday, March 12th at 9:45am Villa 2 Senior Fit Gym

Get off the Floor

Learn about the best ways to recover after having a fall.



Tuesday, March 12th and 26th at 12:30pm Villa 2 Great Room

Water coloring with Risa

Instructor and renowned artist Risa Waldt teaches you how to paint.



Every Monday from 9am V2 Great Room

CARDIO DRUMMING

Get your blood flowing with this fun drumming.



Saturday March 2nd at 10:00am

Drive and Discover: Yume Japanese Garden

Entry Fee: \$12 for seniors. Pick up times:

V1:9:25am | V3: 9:30am | V4: 9:35am | V2:9:40am



Monday, March 4th at 10:30am V2 Great Room

ADVENTURES IN ART: All That Jazz

Learn about the genre that has inspired visual artists through rich sound, rhythms, and history.



Monday, March 4th from 12:00pm to 3:00pm

Chair Massage

\$30 for 30 Minutes! Cash and checks are accepted! Sign up through the Activities Office.



Monday, March 4th ,11th , and 25th at 1:00pm V2 Great Room

Chair Zumba

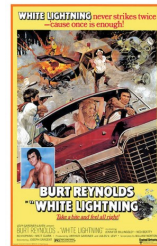
Join in on a lot of music and a little bit of exercise!



Monday, March 4th at 2:00pm

MOVIE: White Lightning

An ex-con teams up with the police force to take down an illegal moonshine operation.



Monday, March 4th at 3pm V4 Clubhouse

GLENN: WHEELCHAIR REPAIR

Wheelchair repairs at no cost! Contact info: (520)-323-7400



***Terry's
Thoughts
from the Bible***



RAIN

This true story delivers an amazing visual tale that will stick with you and change your thoughts about rain and windshield wipers forever!

One rainy afternoon I was driving along one of the main streets of town, taking those extra precautions necessary when the roads are wet and slick. Suddenly, my son, Matthew, spoke up from his relaxed position in his seat. Mom, I'm thinking of something."

This announcement usually meant he had been pondering some fact for a while, and was not ready to expound all that his six-year-old mind had discovered. I was eager to hear.

"What are you thinking?" I asked.

"The rain;" he began, "is like sin, and the windshield wipers are like God wiping our sins away."

After the chill bumps raced up my arms I was able to respond. "That's really good, Matthew."

Then my curiosity broke in. How far would this little boy take this revelation? So I asked..."Do you notice how the rain keeps on coming? What does that tell you?"

Matthew didn't hesitate one moment with his answer: "We keep on sinning, and God just keeps on forgiving us." I will always remember this whenever I turn my wipers on.

In order to see the rainbow, you must first endure some rain. We must continually come to the Lord and seek His forgiveness. By Brenda Hunter

We all need forgiveness from sin. Daily. There was only one perfect in this world and that was Jesus, the only begotten Son of God, our redeemer and savior. If we are saved we need forgiveness. If we have not yet received Jesus as our Lord, we need forgiveness. So when we see those wipers going back and forth just remember, forgiveness is just one prayer away.

Proverbs 28:13 " He who covers his sins will not prosper, But whoever confesses and forsakes them will have mercy."

Acts 3:19 "Repent therefore and be converted, that your sins may be blotted out, so that times of refreshing may come from the presence of the Lord."

Until next time, may God richly bless you.

Terry



Recipe for Party Sliders

Ingredients

- **1 Cup of Unsalted butter:** Flavored and spread onto the rolls to create a buttery, rich texture.
- **1 Small Yellow onion:** Minced and added to the butter.
- **1 tsp. Coarse grain mustard:** Adds tanginess and a little zing to the sandwiches.
- **2 tsp. Worcestershire sauce:** For umami flavor.
- **1-2 Hawaiian roll pack:** These sweet rolls are perfectly fluffy and light, but can be substituted with any type of buns in a pinch.
- **2 lb. Thinly sliced ham:** Use any ham you prefer.
- **12 oz. Swiss or Cheddar cheese slices:** Grab freshly sliced cheese from the deli counter for the meltiest texture.

Instructions

- **Step 1.** Beat the butter with the onion, mustard, and Worcestershire.
- **Step 2.** Split rolls horizontally without separating, then spread butter mixture on top and bottom halves of rolls.
- **Step 3.** Top bottom layer with folded ham and sliced cheese. Place roll tops on.
- **Step 4.** Bake at 350°F for 15 minutes.



Fellowship Square's Red Hat Ladies needs you!

The Red Hat Ladies are recruiting new members, otherwise, they will have to disband! If you want to take part in meeting once a month in the Agape Room, please call Doris at [520-721-4411](tel:520-721-4411) or Teresa at [520-546-7872](tel:520-546-7872).



Be sure to wear one of the following: Red hat, red cap, red flower, or red ribbon!

They look forward to meeting you! Thank you!

A Big Thank you to Arizona Complete Health!

Founded in 1981, Arizona Complete Health has devoted their time and expertise to help Arizonans receive the proper healthcare benefits that they deserve. Not only are they generous with their time but they provided us with a \$10,000 grant for the Villa 4 Oasis! We greatly appreciate the consideration of our residents. To Arizona Complete Health, we say "Thank you!"

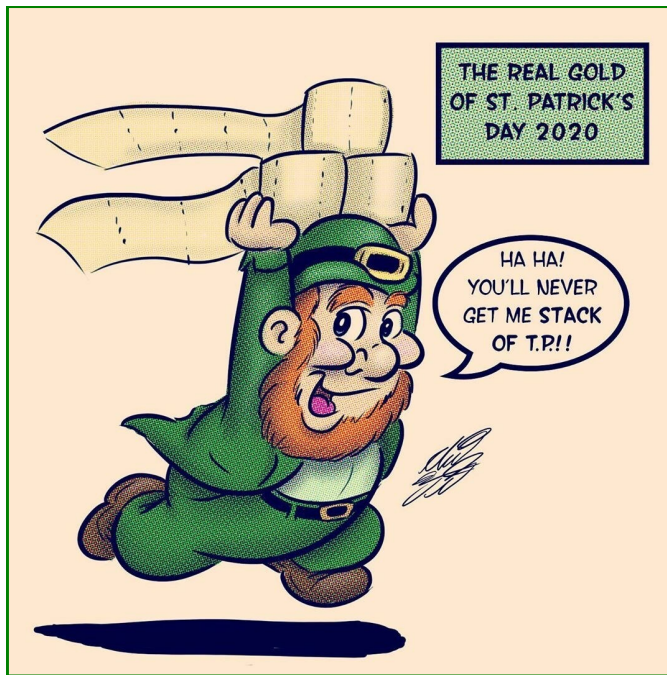


Announcement from the Transportation Department

Wednesday Trip: The Wednesday trip to Fry's on 22nd street is going to be replaced with a trip to Fry's on Speedway/ Pantano. If you need to send mail, there is a UPS store next to Sprouts. Our Sprouts trips are scheduled every other Wednesday at 1:00pm starting March 6th.

Doctor Trips: All doctor trips **must** be scheduled **48 hours (or more) in advance**. When one driver is not available, appointment spots are then limited to 12-14 passengers. Any appointment requests less than 48 hours in advance can not be accommodated. Thank you for your cooperation!





Late Fee Notice

Commencing April 1, 2024, there will be a late charge of \$50.00 for rent payments received after the 10th day of the month, plus an additional \$5.00 for each late day thereafter.

Thank you for understanding!

Exercise Calendar

| | | | | |
|-----------|-----------------------------------|---|--|--|
| M | 8:45am RL Chair Exercise V3 CH | 9am Cardio Drumming V2 GR | | |
| T | 8:30am Balloon Volleyball V2GR | 9:30am Balance Boosters Level 1 V2 MPR | | |
| W | 8:45am Sit and be Strong V2 GR | 8:45am RL Chair Fitness V3CH | 9:30am Balance Boosters Level 2 2 MPR | |
| Th | 9am Stretch & Flex MPR | 10am Balance Boosters Level 3 V2GR | | |
| F | 8:45am sit and be strong V2GR | 8:45am RL Chair exercise V3 CH | | |
| Sa | 8:30am Balloon Volleyball V2GR | | | |

Employee Heroes for the month of March

- Thelma Krebs—1 Year
- Veronica Montano—1 Year
- Allette Matthew—2 Years
- Amanda Vidal-Glidewell—8 Years
- Christopher Bosak—5 Years
- Terry Steffen—5 Years
- Ed Reyes—5 Years
- Ameriss Cordova—2 Years
- Tenaysia Powell—1 Year

Each month, employees will be recognized for their time at Fellowship Square and are considered the hero of the month! When you see these heroes, don't be afraid to show some appreciation!

We want to thank everyone for making last year's Employee Appreciation campaign the best one yet!



EMPLOYEE APPRECIATION
CHRISTMAS FUND

The Employee Appreciation Christmas Fund accepts donations from residents throughout the year to be distributed to eligible staff before the holidays. Your gift to this Fund is a tangible way of showing the staff how much you value all they do.

An easy way to contribute without the worry, is to have an automatic gift added to your rent each month. This allows you to budget for your tax deductible gift each year.

Forms are available at the front desk or with your billing specialist.

If you have any questions please contact:
Fellowship Square Office of Advancement 480-822-7373



HAPPY BIRTHDAY



| | | | |
|-------------------|---------|------------------|---------|
| Janet Kenisberg | V2 3/1 | Marilyn Neubauer | V4 3/16 |
| Mary Taylor | V1 3/2 | Barrett Behnke | V4 3/16 |
| Suzanne Trevino | V2 3/2 | Mary Pope | V4 3/16 |
| Rob Liebson | V2 3/2 | Patricia Gough | V2 3/17 |
| Lois Herrmann | V1 3/5 | Kathy Wurtz | V3 3/18 |
| Barbara Sheley | V2 3/6 | Inez Savage | V4 3/18 |
| Doris Russell | V2 3/7 | Jene Wilcox | V2 3/19 |
| Shirley Ferner | V3 3/7 | Earla Allen | V1 3/20 |
| Linda French | V1 3/11 | John Sullivan | V4 3/21 |
| Cherryl Christian | V2 3/12 | Thad Taylor | V1 3/22 |
| Craig Ramaeker | V2 3/12 | Darlene Tau | V2 3/23 |
| Carol DeLuca | V1 3/13 | Joan Cain | V3 3/23 |
| Nella Morgan | V2 3/13 | Richard Rathburn | V2 3/24 |
| Edward Hadley | V3 3/13 | Nancy Behnke | V4 3/24 |
| Rebecca Barnard | V4 3/13 | Susan Redlin | V2 3/25 |
| Pam Down | V1 3/14 | Mary Lou Domask | V2 3/25 |
| Catherine Bossie | V1 3/14 | Donna Newman | V4 3/27 |
| Mary Fulton | V3 3/14 | Marsha DuBois | V2 3/28 |
| Mary Kennon | V1 3/15 | Betty Sesma | V4 3/28 |

Outings

Drive and Discover: Yume Japanese Garden

Saturday, March 2

10:00am



Pick up times:

V1: 9:25am /V3: 9:30am

V4: 9:35am/ V2: 9:40am

Scenic Drive: Tanque Verde Valley

Saturday, March 9

9:00am



Pick up times:

V1: 8:25am /V3: 8:30am

V4: 8:35am /V2: 8:40am

Breakfast at Jethro's Cafe

Monday, March 11

9:00am



Pick up times:

V1: 8:40am /V3: 8:45am

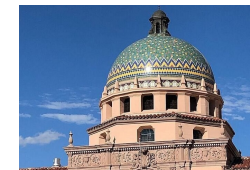
V4: 8:50am/ V2: 8:55am

Scenic Drive:

Historical Sites

Saturday, March 16

10:00am



Pick up times:

V1: 9:15am /V3: 9:20am

V4: 9:25am/ V2: 9:30am

Dinner at Opa's Best

Wednesday, March 27

4:00pm



Pick up times:

V1: 3:30pm /V3: 3:35pm

V4: 3:40pm/ V2: 3:45pm

Yume Japanese Garden Entry Fee : \$12 for seniors.



Happy Birthday to Inez Savage!

104 has never looked better!

Happy Birthday!



March

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-------------------------------------|---|--|---|--|---|--|
| | | | | | 1 8:45am Sit and Be Strong, V2 GR 9:00am Loop 1, 2 and 3 10:00am Wii Bowling, V2 GR | 2 10:00am Yume Japanese Garden 10:00am—12:00pm Furniture Sale V2 Upper East Side Gate 1:00pm—MOVIE: Walk the Line |
| 3 3:00pm Church Services, V2 GR | 4 9:00am & 10:00am Fry's / Speedway 9:00am Cardio Drumming V2 GR 10:30am Adventures in Art: All That Jazz V2 GR 12:00pm Chair Massage V2 Retreat 1:00pm Bible Study V1 CH 1:00pm Michael's/Ross 1:00pm Walmart / Houghton 1:00pm Chair Zumba V2 GR 2:00pm MOVIE: White Lightning V2 GR 3:00pm Wheelchair Repair V4 CH | 5 9:00am - 2:00pm Doctor / Dentists Appts. 9:15am Balance Boosters Level 1 V2 MPR 10:00am Taxes with Mike V2 MPR 11:00am Catholic Mass V2 GR | 6 9:00am & 10:00am Fry's / Speedway 8:45am Sit and Be Strong, V2 GR 9:30am Balance Boosters Level 2 V2 MPR 10:00am Bible Study V2 GR 1:00pm Safeway 1:00pm Sprouts/Kohl's/UPS | 7 9:00am - 2:00pm Doctor / Dentists Appts. 9:00am Stretch and Flex V2 MPR 10:00am Balance Masters Level 3 V2 MPR 1:00pm Senior Gems with Bayada Health V2 GR | 8 8:45am Sit and Be Strong, V2 GR 9:00am Loop 1, 2 and 3 10:00am Wii Bowling, V2 GR | 9 9:00am Scenic Drive: Tanque Verde Valley |
| 10 3:00pm Church Services, V2 GR | 11 9:00am & 10:00am Fry's / Speedway 9:00am Cardio Drumming V2 GR 9:00am Breakfast at Jethro's Cafe 10:30am Journey in the Word with Terry: You Reap What You Sew V2 MPR 12:30pm Resident Volunteer Lunch V2 GR 1:00pm Target/Albertson's 1:00pm Walmart / Houghton 1:00pm Bible Study V1 CH 1:00pm Chair Zumba V2 GR | 12 9:00am - 2:00pm Doctor / Dentists Appts. 9:15am Balance Boosters Level 1 V2 MPR 9:45am Get Off the Floor Senior Fit Gym 10:00am Taxes with Mike V2 MPR 11:00am Catholic Mass V2 GR 12:30pm Water Coloring with Risa V2 GR | 13 9:00am & 10:00am Fry's / Speedway 8:45am Sit and Be Strong, V2 GR 9:30am Balance Boosters Level 2 V2 MPR 10:00am Bible Study V2 GR 1:00pm Banks/Injoy | 14 9:00am - 2:00pm Doctor / Dentists Appts. 9:00am Stretch and Flex V2 MPR 10:00am Balance Masters Level 3 V2 MPR | 15 8:45am Sit and Be Strong, V2 GR 9:00am Loop 1, 2 and 3 10:00am Wii Bowling, V2 GR | 16 10:00am Scenic Drive: Historical Tucson 4:00pm Wild Bill Concert V2 GR |

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|---|---|---|---|
| <p>17</p> <p>3:00pm Church Services V2 GR</p> | <p>18</p> <p>9:00am & 10:00am Fry's / Speedway</p> <p>9:00am Cardio Drumming V2 GR</p> <p>10:30am Keri Woolston Presentation: Cuk Son to Tucson V2 GR</p> <p>1:00pm Michael's/Ross</p> <p>1:00pm Walmart / Houghton</p> <p>1:00pm Bible Study V1 CH</p> <p>2:00pm Resident Birthday Party V2 GR</p> | <p>19</p> <p>9:00am - 2:00pm Doctor / Dentists Appts.</p> <p>9:15am Balance Boosters Level 1 V2 MPR</p> <p>10:00am Taxes with Mike V2 MPR</p> <p>10:00am Hearing Screening with Susan Tekk V2 Retreat</p> <p>11:00am Catholic Mass V2 GR</p> | <p>20</p> <p>9:00am & 10:00am Fry's / Speedway</p> <p>8:45am Sit and Be Strong, V2 GR</p> <p>9:30am Balance Boosters Level 2 V2 MPR</p> <p>10:00am Bible Study V2 GR</p> <p>11:00am Physical Therapy Spotlight V2 MPR</p> <p>1:00pm Safeway</p> <p>1:00pm Sprouts/Kohl's/UPS</p> | <p>21</p> <p>9:00am - 2:00pm Doctor / Dentists Appts.</p> <p>9:00am Stretch and Flex V2 MPR</p> <p>10:00am Balance Masters Level 3 V2 MPR</p> <p>11:15am Bookmobile</p> <p>2:00pm Line Dancing V2 GR</p> | <p>22</p> <p>8:45am Sit and Be Strong, V2 GR</p> <p>9:00am Loop 1, 2 and 3</p> <p>10:00am Wii Bowling, V2 GR</p> | <p>23</p> <p>1:00pm MOVIE: Mr. Smith goes to Washington V2 GR</p> |
| <p>24</p> <p>3:00pm Church Services, V2 GR</p> | <p>25</p> <p>9:00am & 10:00am Fry's / Speedway</p> <p>9:00am Cardio Drumming V2 GR</p> <p>1:00pm Target/Albertson's</p> <p>1:00pm Walmart / Houghton</p> <p>1:00pm Bible Study V1 CH</p> <p>1:00pm Chair Zumba V2 GR</p> <p>2:00pm MOVIE: Somewhere in Time V2 GR</p> | <p>26</p> <p>9:00am - 2:00pm Doctor / Dentists Appts.</p> <p>9:15am Balance Boosters Level 1 V2 MPR</p> <p>10:00am Taxes with Mike V2 MPR</p> <p>11:00am Catholic Mass V2 GR</p> <p>12:30pm Water Coloring with Risa V2 GR</p> | <p>27</p> <p>9:00am & 10:00am Fry's / Speedway</p> <p>8:45am Sit and Be Strong, V2 GR</p> <p>9:30am Balance Boosters Level 2 V2 MPR</p> <p>10:00am Bible Study V2 GR</p> <p>1:00pm Banks/Injoy</p> <p>2:00pm Trivia at the Square V2 GR</p> <p>4:00pm Dinner at Opa's Best</p> | <p>28</p> <p>9:00am - 2:00pm Doctor / Dentists Appts.</p> <p>9:00am Stretch and Flex V2 MPR</p> <p>10:00am Balance Masters Level 3 V2 MPR</p> <p>1:00pm Computer Safety Program V2 GR</p> <p>2:30pm Left Center Right Game V2 GR</p> | <p>29</p> <p>8:45am Sit and Be Strong, V2 GR</p> <p>9:00am Loop 1, 2 and 3</p> <p>10:00am Wii Bowling, V2 GR</p> | <p>30</p> |
| <p>31</p> <p>3:00pm Church Services, V2 GR</p> | | | | | | <p>On Site Activities</p> <p>Off Site Activities</p> <p>Off site Special Events</p> <p>On Site Special Events</p> |